

VOLUNTEER INFORMATION SHEET & PACKING LIST

Important Information

- **Insurance:** Check with your insurer, *before you travel* to Haida Gwaii, to make sure you have coverage for a medical emergency evacuation (air ambulance) and for any other medical costs that may be incurred while volunteering. *Out-of-province coverage may differ, please check your coverage.*
- **Arriving in Haida Gwaii:** Please arrive on Haida Gwaii at least one day prior to scheduled departure to Limestone Island. Check-in with the Laskeek Bay office by phone or e-mail a minimum of 24-48 hours before your scheduled departure time, stating where you will be staying and how you can be reached in case your departure time needs to be changed. ****THIS IS VERY IMPORTANT****
- **Transport to ELI:** Your transportation from Sandspit or Daajing Giids to Limestone Island and back is arranged by LBCS and covered by your \$400 fee, which also covers food for the week.

TRAVEL LIGHT! There are space and load restrictions on the boat, and you must be able to carry your own gear ~500 m from the beach to the camp on a walking trail across the island. Please pack in a backpack or duffel bag that you can carry (please, do NOT bring a suitcase or wheeled bag!).

We provide:

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| <ul style="list-style-type: none"> • Sleeping tent • PFD • Food • Dishes • Toilet paper • First Aid and medical supplies | <ul style="list-style-type: none"> • Sleeping pad • Headlamp • Cookware • Eating utensils • Dish and laundry soap |
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Packing Checklist: Pack gear in a backpack or duffel bag. No suitcases or wheeled bags!

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| <ul style="list-style-type: none"> • Warm sleeping bag • Warm, layered clothing • Wool hat • Wool socks • Warm gloves • Good rain gear – ESSENTIAL • Good hiking boots or runners for slippery surfaces • Full height gumboots without leaks • Towel | <ul style="list-style-type: none"> • Toiletries and medications • Watch/battery alarm clock • Flashlight or headlamp • Personal prescription medications • Favourite recipes (cooking duties are shared) • Personal water bottle • Small day backpack • Comfy shoes, sandals, or cros for leisure and showering |
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Important Information

We encourage bringing your own binoculars and cameras for wildlife viewing, but it is not required. There is a small library in the cabin with reference books, guidebooks, and some novels, and we have a smart phone and iPad with the Merlin app to practice bird call identification.

Please note: There is no dock on East Limestone Island, so you must be wearing your rubber boots or water sandals when you board the boat.

Weather can be unpredictably cold, wet, or very warm, and we conduct sea surveys in an open boat. You may be exposed to these elements for several hours – warm clothing, good rain gear, and lighter pieces are absolutely essential, as is a positive attitude!